COVID-19 AT THE WORKPLACE

01 ISOLATE

An employee should be isolated and remain in quarantine for 14 days if:

· Employee has been exposed or potentially exposed to a lab-confirmed COVID-19 positive case;

· Employee is showing symptoms (cough, fever, etc.);

· Employee has tested positive for COVID-19.

02 IDENTIFY

Notify staff as soon as possible about:

· Possible dates of exposure.

· Advise employees to watch for signs and symptoms within 2 - 14 days from last possible exposure date.

· Employees who have had "close contact" with the quarantined employee should self-isolate. Employees who have NOT had "close contact" should watch for signs and symptoms but do not need to self-isolate.

03 CLEAN

If the employee was in the business while infectious (starting 2 days before the onset of symptoms):

· Close off all areas used by the employee and wait as long as practical before cleaning and disinfecting (24 hours if possible);

· Open outside doors and windows to increase air circulation.

· Follow CDC guidelines on cleaning and disinfecting:
https://www.cdc.gov/coronavirus/2019-ncov/prepare/disinfecting-building-facility.html

04 BACK TO WORK

After a COVID-19 positive test, an employee can return to work after:

· They have had no fever for at least 24 hours (that is one full day of no fever without the use medicine that reduces fevers);

AND

· Other symptoms have improved (for example, when their cough or shortness of breath have improved);

AND

· At least 10 days have passed since symptoms first appeared.

*Employees who were exposed and quarantined for 14 days may return to work if no symptoms develop.

LOCAL CONTACTS

CENTRAL DISTRICT HEALTH
(208) 321-2222

ST. LUKE'S MCCALL
(208) 634-1776

CASCADE MEDICAL CENTER
(208) 382-4285

SOCIAL DISTANCE

wear a mask

WASH SOAP YOUR HANDS

Stay Home if Sick

TERMINOLOGY

"Exposure/Close Contact"

· Living in the same household as a sick person with COVID-19

· Caring for a sick person with COVID-19

· Being within 6 feet of a sick person with COVID-19 for about 15 minutes, or

· Being in direct contact with secretions from a sick person with COVID-19 (e.g., being coughed on, kissing, sharing utensils, etc.)

"Quarantine/Self-Isolate"

· Stay home for 14 days after your last contact with a person who has COVID-19

· Watch for fever (100.4∘F), cough, shortness of breath, or other symptoms of COVID-19

· Stay away others, especially people who are at higher risk for getting very sick from COVID-19.